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# JUST GO! Leave The Treadmill For A World Of Adventure



## Synopsis

In 2010, Skip and Gabi Yetter quit their jobs, sold their home, gave away most of their possessions and bought one-way tickets to Cambodia. They wanted to see more, do more, experience new things and break away from their traditional lifestyle. Along the way, they met dozens of people like themselves: individuals, couples and families who'd decided to opt out of conventional lifestyles and travel to other parts of the world - both in midlife and just starting out. Just Go! is about that journey. It's about discovering ways to make a change-whether it's quitting a job, moving across the world or finding a new direction. It's gives tips on developing tools, plans and checklists so you can re-chart your life. Written by two career journalists, Just Go! is both a self-help book and a true-life storybook for anyone considering, procrastinating, researching or thinking about making a change in their lives.

## Book Information

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## Customer Reviews

We wrote this book after being asked numerous times how we'd moved across the world and how and why we let go of "traditional" lifestyles by taking a leap into the unknown. Having decided we wanted more from lives (after we were inspired during our honeymoon in Thailand in 2007), we moved to Cambodia three years later and, in doing so, discovered magic, adventure and new experiences every day. Our book is not just about moving overseas, starting a new life, change, volunteerism or retirement. It's about discovering new directions and new passions. It's about embracing potential and pursuing whatever is important in your life. Just Go! is filled with information about how to make that change. It contains tips and inspiration from a variety of people

of all ages and from all walks of life and our one desire is that may inspire at least one person to realize their own potential.~ ~

In 2010, Frank (Skip) and Gabrielle (Gabi) Yetter quit their jobs, sold their home, gave away most of their possessions and bought one-way tickets to Cambodia. ~ ~ Settling in Phnom Penh, they volunteered with non-governmental organizations, traveled throughout Asia, wrote articles for local publications, made friends with tuk-tuk drivers and royalty, learned to speak Khmer, hiked throughout temples and jungle terrain and discovered how to live without most of the "stuff" they'd had back home. ~ ~ They changed their lives and it all came about because of their honeymoon in Thailand in 2007 which set in motion a plan to step away from their 9-5 existence. ~ ~ For Skip, it meant disembarking from a 30 year career in journalism, publishing and business. For Gabi, it meant drawing on her decades of experience in packing up and moving across the world. ~ ~ The change didn't come overnight. It took three years of researching, planning and organizing before they were able to disentangle themselves. What inspired them? The desire to see more, do more, experience new things and break out of what most people consider "a traditional lifestyle". ~ ~ Along the way, they met dozens of people like them. Individuals, couples and families who'd decided to opt out of conventional lifestyles and travel to other parts of the world. ~ ~ Just Go! is about that journey. It's about discovering ways to make a change - whether it's quitting a job, moving across the world or finding a new direction. It's about developing tools, plans and checklists so you can re-chart your life. ~ ~ Written by two career journalists, Just Go! is both a workbook and a true-life storybook for anyone who may have been considering, procrastinating, researching or thinking about stepping off the treadmill and exploring new horizons. ~ ~

If you are thinking about chucking it all - and I mean ALL - and dramatically changing your life, read this book now. The authors did just that, and their firsthand report of both the preparation and the result will either push you forward or give you second thoughts. Not everyone is as intrepid as these two, but everyone will enjoy reading about their decision to sell everything and live abroad, working first as volunteers for an international organization in Cambodia and later as house sitters in both Europe and other parts of the world. Whether or not you decide to follow in the Yetters' peripatetic footsteps, this book will cause you to rethink your life choices and perhaps seek out more of the world's myriad opportunities.

Anyone age 50+ will benefit by reading this fascinating exploration of a couple's decision to radically

change the path of their lives. Not everyone can live their nomadic lifestyle, but their story, and others recounted here, may motivate you to make significant and overdue changes that will make life infinitely more fulfilling. I know the authors and they are terrific people with the courage and curiosity to pursue their interests, which required abandoning a corporate American routine. Their ability to balance deep and rich human interactions with the demands of technological intrusions and opportunities is especially interesting. Definitely recommend this book.

If you've thought about a big change of life but haven't quite made a decision, Just Go! is the book for you. Skip and Gabi Yetter tell you their story that includes a detailed thought process that will help you understand what you need to think about before you book your one way ticket and dispense all your belongings. You'll also get insight from many other people who have either quit their jobs or taken a chance on a new life far away from their homeland. Just Go! is well written and very easy to read so you'll be able to use this book as a guide for your own personal journey. Gabi and Skip's reasons to leave the treadmill for a world of adventure will resonate with you and I'm certain that this book will answer many of the questions you have about life outside of the US or really anywhere. I highly recommend that you get yourself a copy of Just Go! and read about the possibilities for you and your family to change your lives.

A truly wonderful book about my favourite topic: global adventures! The Yetters lay it all out there, the good, the bad, and the ugly...Everyone's experiences will be different but you will never regret "Just Go"-ing! I read this in one day cover to cover and bought another copy for my brother! Thank you Skip and Gabi for sharing your wisdom and experience.

By Victoria WallackReading *Just Go!* by Frank and Gabi Yetter is like meeting friends for coffee and having a series of amazing conversations about what it would take to leave your old life behind and hit the road. The authors anticipate questions and share personal experiences and doubts with such honesty and compassion the reader starts to think, "this is possible". The book gives practical information on everything from managing money to finding health care in a crisis and shakes up the norms on what constitutes happiness in our material world. Read it and see what happens next.

A good read with lots of Valuable info. A bit disjoint and repetitive and could use an edit, but well worth the time and money to read this book if you are considering this lifestyle.

This book was the impetus for us to sell everything and make a move we had been contemplating for some time. \*\* WARNING \*\* This book will make you realize you CAN live the life you want, where you want!!:-)

This is a refreshing perspective on a different life path. Regardless of your particular situation in life, reading this book will give you some great ideas on aspects of your life you can change to simplify and make life more rewarding.

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